



**SUMMER  
ADVENTURE  
AWAITS!**



**ROCK ACADEMY**  
SUMMER CAMPS

**SUMMER CAMP 2023**  
**MAY 30<sup>TH</sup> - AUGUST 4<sup>TH</sup>**



# ROCK ACADEMY

## SUMMER CAMPS

**"...LET YOUR LIGHT SHINE BEFORE OTHERS, THAT THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR FATHER IN HEAVEN."**  
MATTHEW 5:16

### ROCK ACADEMY CAMPS OFFERS:

- ★ Safe and fun learning environment designed with your child in mind.
- ★ A wide variety of day-camps for children in Kindergarten-6th Grade including sports, science, arts and adventure!
- ★ Camps designed for fun and to help your child discover their own unique gifts and talents, all in a safe and nurturing environment.
- ★ Staff who are seasoned youth specialists with the extensive camp experience. We are passionate about not just having fun but in helping your child grow in confidence, friendships and faith.
- ★ Weekly options available.

### LOCATION

Rock Academy- Liberty Station  
2277 Rosecrans Street  
San Diego, CA 92106

### CONTACT

Director Samantha Tusi  
Office: (619) 810-1569  
Email: [samantha.tusi@sdrock.com](mailto:samantha.tusi@sdrock.com)

### HOURS

Monday- Friday  
7:00am – 5:30pm

All Day  
Care  
Included!

### CAMP RATES

\$350 per week  
\$675 per session

**REGISTER ONLINE HERE**

## 2023 SUMMER SESSION DATES

**1**

MAY 30-  
JUNE 9

**2**

JUNE 12-  
JUNE 23

**3**

JUNE 26-  
JULY 7\*

**4**

JULY 10-  
JULY 21

**5**

JULY 24-  
AUGUST 4

\*CAMP CLOSED TUESDAY JULY 4TH



# 1 SESSION ONE

## MAY 30-JUNE 9

**CAMP RATES: \$350 PER WEEK | \$675 PER SESSION**

### GRADES K-3

#### LEGO STEAM

Get your lab coats ready for Lego STEAM Camp! This camp introduces campers to the world of science. Campers will experience the fun of hands-on science experiments and learn about the basics of engineering through lego designs.

#### SOCCER JUNIOR

Our soccer camp is designed to coach and refine our campers' passing, dribbling, and shooting skills. Campers will also learn basic strategies and rules that come with the "Beautiful" game. At the end of the session, campers will have a showcase to present their skills to friends and family. The showcase game will be on Friday, June 9th.



### GRADES 3-6

#### GRIDIRON WARRIORS

Each day campers will participate in a sports clinic atmosphere while learning the fundamentals of passing, running, receiving and more in this fun filled flag football camp. Campers will learn teamwork, individual skill development, and the basic strategy of America's most watched sport. The camp will end with an exciting RAC Bowl. Our football player final showcase will be on Friday, June 9th.



#### MEDIA MADNESS

Lights! Camera! Action! Media Madness is an interactive camp that allows campers to create music videos, movie trailers, stop-motion films, and even a news broadcast. Campers will receive hands-on experience while creating a story, filming, and editing the videos in our computer lab. This camp will bring out the star performer in our campers. Campers will wrap up the camp with a red carpet premiere of their movies with their fellow campers.

\*ACTIVITIES ARE SUBJECT TO CHANGE.

**REGISTER HERE!**

# 2 SESSION TWO

## JUNE 12-JUNE 23

**CAMP RATES: \$350 PER WEEK | \$675 PER SESSION**



### GRADES K-3

#### MINI PICASSOS

Are your kids ready to get their hands dirty? Mini Picassos camp is designed to help kids learn basic drawing and painting techniques. Come explore the world of oil pastels, watercolors, and acrylics! Our artists will close the session out with their very own art show Friday, June 23rd.



#### OBSCURE SPORTS

Welcome to the world of weird! Our campers will try something new in Obscure Sports Camp. Campers will explore activities like ultimate frisbee, pickleball, and more! Are you up for the challenge?

### GRADES 3-6

#### MUSICAL THEATER *\*Campers must attend both weeks*

Musical theater camp is back! Campers will be performing the much-loved classic, "Willy Wonka". During the 2 weeks, campers will learn some of the main elements of theater, rehearsal, design sets, practice choreography, poster making, stage makeup, and more. Campers will perform for friends and family on the last day of the session, Friday, June 23rd.



#### WORLD CUP

Are you the next Alex Morgan or Lionel Messi? There's only one way to find out by joining us in World Cup Camp. Campers will learn and improve on their soccer skills including ball control, passing, and offensive and defensive strategies. Campers will practice daily in scrimmages to hone in on their skills. At the end of the session, campers will battle it out in a final RAC World Cup game on Friday, June 23rd.

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**REGISTER HERE!**

# 3

## SESSION THREE

JUNE 26-JULY 7\*

\*CAMP CLOSED TUESDAY JULY 4TH

**CAMP RATES: \$350 PER WEEK | \$675 PER SESSION**

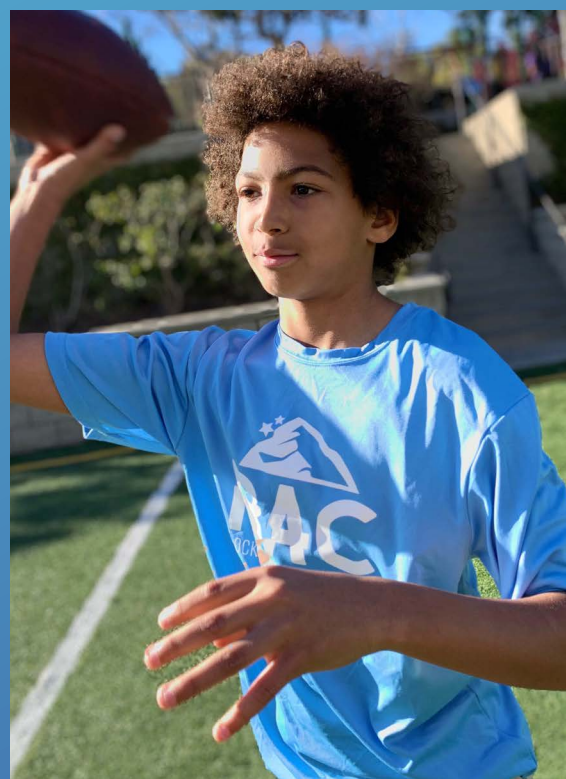
### GRADES K-3

#### FLAG FOOTBALL

Football is the ultimate team game. Our football camp for our younger campers is created with the goal of teaching each camper the basics of passing, catching, and teamwork. We will cap off all that was learned in the Warrior Bowl on July 7th.

#### TEAM SPIRIT

Go Team Go! Team Spirit mixes the worlds of Cheerleading and Dance. Campers will learn the basic skills of rhythm, beat, timing, fun cheers, and more! Team Spirit will show off their skills in a performance at our Flag Football Camp's Warrior Bowl Half-Time show, on July 7th!



### GRADES 3-6



#### VOLLEYBALL

Bump, Set, Spike! This exciting camp is sure to pack a lot of fun. Whether it's playing on our new sports court or playing on the beach, Volleyball Camp is designed to develop skills in a sport that builds teamwork. Players will display their skills in a Volleyball showcase on the last day of camp, Friday, July 7th.



#### SCIENCE DOJO

This summer Weird Science and Tech Dojo have combined forces! Campers will engage in hands-on science experiments. In our computer lab campers will learn about coding and even create their own computer game. All this and more are in store in this awesome camp!

\*ACTIVITIES ARE SUBJECT TO CHANGE.

**REGISTER HERE!**



# 4 SESSION FOUR

## JULY 10-21

**CAMP RATES: \$350 PER WEEK | \$675 PER SESSION**



### GRADES K-3



#### ANIMAL CAMP

An animal adventure is approaching. Each day, campers will do activities based on different animals from all around the world. Activities will include crafts, games, and projects. Join us as we learn something new in Animal Adventure Camp!

#### GAME ON JR

Have you ever wished your favorite board games were real? Well, this summer dreams come true in Game On Jr camp. Jump into your favorite games through hungry hippos relays, Mario kart box car races, game tournaments, and more.

### GRADES 3-6



#### ART EXPLORATION

Art Exploration takes an in-depth look into the world of art. Campers will learn techniques in painting, sculpting, graphic design, graffiti art, and more. This camp is designed to challenge each artist to stretch their creativity and learn something new in the world of art! At the end of the session, their art will be on display at a RAC Art Show on Friday, July 21st.



#### MAJOR LEAGUERS

Our Major Leaguers camp will be run in a clinic style. Each day will be two "practices" focusing on different skills like batting, fielding (Infield and Outfield), and pitching. Each day will end in a scrimmage with a championship series being played in the second week of camp. The champion series showcase is open to friends and family to come to watch their campers in action, on July 21st.

\*ACTIVITIES ARE SUBJECT TO CHANGE.

**REGISTER HERE!**

# 5 SESSION FIVE

## JULY 24 - AUGUST 4

**CAMP RATES: \$350 PER WEEK | \$675 PER SESSION**

### GRADES K-3

#### CREATE AND BAKE

Does your child love to help bake in the kitchen? Do they love to make delicious treats to share with their family and friends? Create and Bake Camp is an awesome time to create fun projects and learn to bake yummy treats. Come prepared to get a little messy!

#### MINOR LEAGUERS

Our baseball camp for the younger campers is sure to be a grand slam. Campers will learn hitting techniques, and proper ways to catch, and will play a lot of games. This camp will stress the concept of "It's all about the team." Campers will play in a scrimmage game in front of fans on August 4th.

### GRADES 3-6

#### BASKETBALL

New to our RAC catalog is Basketball Camp! Campers will utilize our new sports court in this camp. Each day campers will focus on refining skills in dribbling, passing, and shooting. Campers will learn how to be team players both on and off the court. Wrapping up the session with a showcase at the end of the 2 weeks on Friday, August 4th.



#### WET N WILD

Splash into fun this summer! Campers will enjoy boogie boarding at the beach or a fun day at the pool or slip-and-slide races on campus. There is fun around every corner in Wet n Wild camp!



**REGISTER HERE!**

\*ACTIVITIES ARE SUBJECT TO CHANGE.

# SUMMER ADVENTURE AWAITS!

## 2023 SUMMER CAMP OVERVIEW

### SESSION 1 \ \ MAY 30-JUNE 9

#### GRADES K-3

- LEGO STEAM
- SOCCER JUNIOR

#### GRADES 3-6

- GRIDIRON WARRIORS
- MEDIA MADNESS 📺

### SESSION 2 \ \ JUNE 12-23

#### GRADES K-3

- MINI PICASSOS
- OBSCURE SPORTS 📺

#### GRADES 3-6

- MUSICAL THEATER
- WORLD CUP 📺

### SESSION 3 \ \ JUNE 26-JULY 7\*

#### GRADES K-3

- FLAG FOOTBALL
- TEAM SPIRIT

#### GRADES 3-6

- VOLLEYBALL 📺
- SCIENCE DOJO 📺

### SESSION 4 \ \ JULY 10-21

#### GRADES K-3

- ANIMAL CAMP 📺
- GAME ON JUNIOR

#### GRADES 3-6

- ART EXPLORATION 📺
- MAJOR LEAGUERS 📺

### SESSION 5 \ \ JULY 24-AUGUST 4

#### GRADES K-3

- CREATE AND BAKE
- MINOR LEAGUERS

#### GRADES 3-6

- BASKETBALL
- WET N WILD 📺

**CAMP RATES:**  
**\$350 PER WEEK**  
**\$675 PER SESSION**

\*CAMP CLOSED TUESDAY JULY 4TH



## LOCATION

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San Diego, CA 92106

**REGISTER HERE!**



# CAMP POLICIES + GENERAL INFORMATION

## \* IMPORTANT \* PLEASE READ!

### MINIMUM AGE REQUIREMENT

#### ELEMENTARY CAMPER AGE POLICY

In order to attend Rock Academy Camps, your child's Fifth (5) birthday must be before December 2, 2022.

### TRANSFER & REFUND POLICY

#### CAMP TRANSFER POLICY

Parents may transfer from one camp to another within the same session if there is space available. If the transfer is completed at least two weeks prior to the session start date, there is no financial penalty. If the transfer is done after this period, a \$25 late transfer charge will be applied.

#### CAMP REFUND POLICY

All deposits are non-refundable and non-transferable. Children absent 3 or more days in a session due to illness or injury may receive a prorated credit or refund. Credit or refund requests must be submitted in writing for director approval within one week of the absence and must include a doctor's note. Credit and refunds will not be issued for missed days due to a vacation. All camp fees are non-refundable one week prior to the session start date. If we cancel a camp, you will receive a full refund or credit toward another RAC activity.

### GENERAL INFORMATION

#### REGISTRATION PROCEDURE

Register online. A \$25 deposit is due with completed registration for each camp. This deposit is non-transferable and non-refundable. A confirmation will be sent out with further information about each camp. Phone-in or in-person registration forms will NOT be accepted.

#### PAYMENT PROCEDURE

Balances remaining after deposit will be due the MONDAY, one week prior to the start of each camp. If it is not paid, an automatic payment will be made on the card that was used to pay the deposit. There is a \$10 late fee for payments received after the due date or for sign-ups on the first day of the camp session.

#### RELEASE WAIVERS

You will receive your camp confirmation along with any required release waivers via e-mail within two weeks of registration. It is your responsibility to contact RAC if you do not receive the confirmation or the proper release waivers. Required release waivers are noted on inside camp descriptions.

#### SUNSCREEN

Please be sure to send your child to camp with SPF-30 or higher with child's name clearly marked. Sunscreen will be applied at least 3 times during the day. Your child's sunscreen will be kept with the camp to ensure that it can be applied daily and is not lost or misplaced.



### THIS CAMP MAY TRAVEL OFF CAMPUS FOR SOME ACTIVITIES

Lots of activities may take place within walking distance, but if traveling in a van, all campers are expected to understand and follow transportation rules. Drivers try to keep a consistent schedule of arrival and departure times. Times may vary per camp, per day. Each day drivers perform a pre-trip inspection of their assigned van.

**REGISTER HERE!**

# WHAT TO EXPECT

## WHEN DRIVING

### ROSECRANS STREET + LIBERTY STATION

Rock Academy Camps are located in the beautiful area of Liberty Station. We value the opportunity to serve you but know that driving on Rosecrans can be a challenge. Fortunately, traffic is reduced during the summer when school is not in session.

### TRAVELING TO CAMP

Traveling to camp from I-8 will mean that you will be in a little traffic, mainly between I-15 and CA 163. From SDCCU Stadium, you can expect a drive time of 20-25 minutes to get to camp, if you are traveling between the times of 7AM and 9AM.

Traveling to camp going on I-5 South is really simple as most morning traffic is traveling in the opposite direction. Traveling from Clairemont Town Square should not take more than 20 minutes. Of that time, 5-7 minutes will be on Rosecrans.

### TRAVELING HOME

Traveling home from camp on I-8 will mean that you will experience more traffic that is heading east. Even with this said, one would be able to reach Snapdragon Stadium in 25-35 minutes on average. At times, getting onto I-8 from Rosecrans will take patience with red lights and many cars trying to get onto the freeway. There is a carpool lane on the ramp but it is almost at the point that you get on the freeway.

Traveling home from camp on I-5 North most evening traffic is traveling in the opposite direction. You could reach Clairemont Town Square in around 20 minutes on average. When traveling on Rosecrans, stay in the right lane. This will allow you to pass many of the cars that are going onto I-8 East.

## FOR DROP OFF/ PICK UP

### WHERE TO DROP OFF/ PICK UP

Drop Off and Pick Up will take place in the Cafeteria. We will sign in and sign out electronically.

### SIGN IN & OUT POLICY

Parents MUST sign their child IN and OUT each day. Only parents, or persons authorized in writing will be allowed to pick up a child. Photo ID is ALWAYS required. We also ask that for the safety of the children at the camp, that you only come to the cafeteria for sign in and sign out. Please do not go out to the field when dropping off or picking up your child.

### LATE PICK-UP POLICY

A \$2 per minute late fee per child will be charged to the person picking up the child(ren).



## ON WEDNESDAYS

Every Wednesday campers may dress up as wacky as they can imagine in order to earn points for their camp. The camp with the most points at the end of the session will earn a special treat! The SECOND Wednesday of every session will have a specific theme to dress up to.

## WACKY WEDNESDAY THEMES

**6.07** | SPORTS JERSEY

**6.21** | SUPER HEROES

**7.05** | GRANDPARENTS

**7.19** | CRAYON BOX

**8.02** | ALOHA

**REGISTER HERE!**



# ROCK ACADEMY

## SUMMER CAMPS

**Rock Academy-Liberty Station**

2277 Rosecrans St. 92106 | 619-764-5200

Preschool – High School | [rockacademy.org](http://rockacademy.org)