

Varsity Football Schedule 2010

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
MO. Aug. 9	Practice Begins	(school starts Monday, August 16)	
FR. Aug. 27	Scrimmage	@ Southwest HS El Centro	5:00 p.m.
FR. Sept. 3	Vincent Memorial	@ Vincent Memorial (Calexico)	7:00 p.m.
FR. Sept. 10	Julian	@ Julian	3:30 p.m.
FR. Sept. 17	Southwest (SD)	@ Southwest (SD)	7:00 p.m.
FR. Sept. 24	Crean Lutheran	@ Santa Fe Christian (HOME GAME) <i>*Team dismissed at 1:30 p.m.</i>	4:05 p.m.
FR. Oct. 1	Castle Park	@ Castle Park (Chula Vista)	7:00 p.m.
FR. Oct. 8	BYE – The Rock Academy Spiritual Camp		
FR. Oct. 15	Del Norte	@ Del Norte (Poway)	7:30 p.m.
FR. Oct. 22	El Cajon	@ El Cajon	7:00 p.m.
SA. Oct. 30	St. Joseph Academy	@ Calvin Christian	1:00 p.m.
FR. Nov. 5	Sherman Indian HS (Homecoming & Senior Night)	@ Helix HS (HOME GAME) 7323 University Ave., La Mesa, CA 91941	7:00 p.m.
FR. Nov. 12	Crawford	@ Crawford <i>*Team dismissed at 1:00 p.m.</i>	3:00 p.m.

Head Coach: Rob Thompson

Coach:

Coach:

The Rock Academy, 2277 Rosecrans St., San Diego, CA 92106
619.764.5200 fax: 619.764.5201

Submit Schedules: May 31, 2010
Practice Begins: August 9, 2010
NO CONTACT DEAD PERIOD July 26, 2010 – August 8, 2010
First Possible Scrimmage: August 27, 2010
First Contest: September 3, 2010
Last Date: November 12, 2010